Alda F. Moore, Ed.D. is a licensed Arkansas Psychologist, with private practices offices since May 1984. Alda holds an earned doctorate from the Texas A & M University System, and completed a decade of intensive clinical training as a member of the Senior Training Group and Scholarship recipient from the Gestalt Institute of Beverly Hills. She has held teaching appointments within the Texas A & M System, the University of Arkansas at Pine Bluff and Philander Smith College, Little Rock. She is currently employed as Psychologist at the Southwest Arkansas Mental Health Center in Texarkana, Arkansas, in addition to serving as a consultant for the Magellan Health Care Center, St. Louis Missouri for almost two decades. Alda is a prominent local, state, national, and international speaker, with guest appearances on national and local television. She finds time for a part time active management role in the family legacy, The Moore's Family Funeral Homes, which opened in 1977

She joined the National Association of Black Psychologists as a student member, with mentors Dr. Willie Williams of Case Western Reserve University, and Dr. Bob Williams, of Washington University, St. Louis, Dr. Moore was co-chairman/host chairman with Dr. Erika Jenkins of the National Association of Black Psychologist Mid-Winter Conference held in Little Rock, Arkansas in 2013, at the sites of Mosaic Cultural Templar Museum and Philander Smith College.

Alda's philosophy about psychology, as a pioneer African American psychologist is interwoven with African roots, spirituality, social activism, and the three cornerstones of Gestalt practice which include Experience, Experiment, and Existentialism.